



PSYCHEDELIC INSIGHTS

PSYCHOLOGICAL GUIDANCE OF PSYCHEDELICS

Psychedelic Insights BV
Elsweg 26 - 6626 BJ Alphen (Netherlands)

Concerning: Legal status of operations Psychedelic Insights

Date 12 february 2021

“The magic psilocybin truffle is an official food supplement product according to the European directives. It fully complies with the applicable European food safety standards. Truffles have remained legally marketable in the Netherlands.

The Psilocybe Mexicana truffle can be freely cultivated, traded and [even] exported in the Netherlands. It can also be freely provided to third parties in therapeutic sessions. It is a legal product in the Netherlands, as long as it has not undergone "active processing". They do not fall under the prohibited substances added to list II of the Dutch Opium Act in 2008.

We are currently witnessing many developments regarding the medical and therapeutic application of psilocybin and psilocin, both in the Netherlands and abroad. Governments are becoming increasingly aware of their positive obligation to safeguard the health of their citizens. The criticism against many modern medicines, such as anti-depressants, is increasing and there is a growing awareness that natural products that have been used for centuries might offer a good alternative. It is also a good development that more and more scientific research is being done in this area.

Because of the special method of cultivation [by Fresh Mushrooms BV], it contains a constant amount of psilocybin of 1 to 2 milligrams per gram of fresh truffle. This makes this truffle very suitable for the therapeutic application of microdosing or at higher doses [for psychedelic insights]. The Psilocybe mexicana truffle cultivated by Fresh Mushrooms seems to be perfectly suited for such new medicinal and therapeutic applications.” Adèle van der Plas - Bakker Schut & Van der Plas - Attorneys of Law

Research into the legal psilocybin truffles is required to provide more clarity and proof to its effects. The one sided research into laboratory grade (schedule 1) psilocybin has skewed the conclusions that can be drawn from comparing it to truffles or mushrooms.

For this reason Psychedelic Insights will set up and conduct research with all clients with products of Fresh Mushrooms BV. Psychedelic Insights' clinic for the psychological guidance of psychedelic experiences will [also] host third party research, its participants or research subjects and/or 'regular' clients for high dose experiences, microdosing, integration and / or enhanced, silent, nature or other meditation or contemplative practices for individuals and groups.

More information:

Luc van Poelje luc@psychedelicinsights.com
www.psychedelicinsights.com